

APPAREL SIZE CHART

Determining Your Size and How To Measure For Our Custom Clothing

To get accurate body measurements, use a cloth tape measure, keeping the tape taut but not stretched. Get a friend to help, if possible, measuring your body over properly fitting undergarments while standing erect, without shoes.



Shirts:

Neck: Take a shirt with a collar that fits you well. Lay collar flat and measure from center of collar button to far end of buttonhole. Number of inches = size. Or, measure around middle of neck. Tape should be snug, not tight.

Sleeve: Bend elbow, measure from center of neck in back to elbow and down wrist. Number of inches = size.

Chest: Measure around fullest part of chest, keeping tape up under arms and around shoulder blades. Or, lay garment flat; measure from 2" below underarm to other underarm. Double.

Waist: Measure around waist, over shirt (not over slacks) at the height you normally wear your slacks. Keep one finger between tape and body. Number of inches = size. Or, lay garment flat, measure across waistband. Double.

ADULT SIZING CHART							
SIZE	S	M	L	XL	2XL	3XL	4XL
CHEST	34 - 36	38 - 40	42 - 44	46 - 48	50 - 52	54 - 56	58 - 60
WAIST	28 - 30	32 - 34	36 - 38	40 - 42	44 - 46	48 - 50	-
NECK	14 - 14.5	15 - 15.5	16 - 16.5	17 - 17.5	18 - 18.5	-	-

YOUTH & GIRLS SIZING CHART					
SIZE	XS	S	M	L	XL
	4 - 5	6 - 8	10 - 12	14 - 16	18 - 20
CHEST	22 - 23	24 - 26	28 - 30	32 - 34	36 - 38
WAIST	20 - 21	21 - 22	23 - 24	25 - 26	27 - 28

LADIES SIZING CHART

SIZE	XS	S	M	L	XL
	-	4 - 6	8 - 10	12 - 14	16
CHEST	-	34 - 35	36 - 38	39 - 41	42 - 44
WAIST	25	26 - 27	28 - 29	30 - 32	33 - 35